



CBMSA - Under 10 Soccer Update -Tuesday, August 25, 2009-

Summer League

- Summer house league will finish Thursday, September 3rd.
- Morning practices will end Wednesday, September 2nd.
- The final **House League Tournament** is scheduled for Saturday, **September 12th** at the Wellington Pitch. This will be a great way to finish up the summer season. Each of our 8 house league teams will need parent coaching for this tournament. We will also require volunteers to run the canteen for the day. More details will follow shortly.

Fall League

- U10 Fall league will start Wednesday, September 9th and will run for 6 weeks on Mondays and Wednesdays from 5:45 - 7:00 p.m. at Wellington Pitch.
- The student coaches will be finished at this time, so each of the current house league teams will need to be coached and managed by parent volunteers. Please give serious consideration to helping with your child's team, as the league will not be able to run without your assistance and commitment.
- Fall House League will play 7 players (1 goalie and 6 on the field) throughout the 6 weeks.

All-Star Teams

- All star teams will be selected for both the boys and girls. Although some boys have already been nominated, there will be open try-outs for all players to complete these teams. If numbers warrant, there will be a second all-star team selected. These try-outs will take place Thursday-August 27th, Tuesday-September 1st and Thursday-September 3rd at the beginning of regular practice from 6:00 - 6:40. Regular house league games will follow these practices. Teams will be selected and players notified before the start of the Fall League.
- Volunteer coaches will be required for the all-star teams. Please consider volunteering or encouraging others to do so. Jeremiah (Jay) Mutula has agreed to Coach one of U10 boy's teams and help train all of the boy's all-star players if he gets help from the parents and student workers. Jay coached our U13 Boys Allstar team. Renee Sherstobetoff will coach one of the girl's allstar teams and we will need a second coach if there are more players for a second team. Allstar practice times will be announced when the teams have been selected.
- There will be an all-star tournament late in September with our U10 and U11 teams and Stephenville.

Help keep the soccer season going for your children by volunteering!

